



Station	Ex no.	Exercise	Linked
Start			
1	34	spiral left-dog inside	no
2	11	call front-forward right	no
3	2	sit-stand	no
4	25	270 left	no
5	35	weave through distractions	no
6	5	right turn	no
7	14	call front-finish left	no
8	32	sit-send around-forward	no
9	7	about turn right	no
10	6	left turn	no
11	10	360 right	no
12	18	moving side step right	no
13	15	slow pace	no
Finish			
Bonus	Bonus Ex 1	call front-side step right/left	